

5 QUESTIONS PATIENTS HAVE ABOUT BEHAVIORAL HEALTH INTEGRATION

NEW ADVANCEMENTS IN CARE ALWAYS CREATE DIALOGUE. HERE'S SOME QUICKFIRE RESPONSES TO HELP YOUR PATIENTS FEEL AT EASE WITH THIS PROCESS.

1

WILL I MEET THE PSYCHIATRIST?

In most cases, a chart review can be completed by having the patient meet with the Certified Psychiatric Assistant and giving a complete history to the Psychiatrist, who can look at your information and come up with a plan without the need to meet. This reduces the wait time from months to weeks at most.

2

WILL MY INSURANCE COVER THIS?

As with anything new, some institutions are slower to adopt than others. We advise calling your insurance beforehand so you can know the true price. The support team in the office can help you with this.

3

DO I HAVE TO GO SOMEPLACE SPECIAL?

Thankfully, no! Integrated care means you can receive helpful services in the same clinic you are comfortable with. Your doctor is asking for some help in your case, but they are still YOUR doctor.

4

WHAT IF I DON'T WANT TO TAKE MEDICINE?

Medication is not for everyone, however the psychiatrist is going to outline all the potential solutions for you. Some people do better with therapy, some people do better with medications, and a lot of people do best with a combination of both.

5

WHAT IF I HAVE A DIFFERENT IDEA?

You are the most important member in this team. No one knows you better than you. Please don't be afraid to reach out if you have question, and the team can work together to find a solution that is right for you.